

Perry Hall High School Freshman/Sophomore College Guide



PREPARED BY STEPHANIE CAMPBELL

COLLEGE COUNSELOR

scampbell3@bcps.org

443-809-5110

Freshman/Sophomore Timeline

August: Review your class schedule and make sure you were scheduled for courses where you feel you can be successful. If you have questions or want to ask about a change, contact the counseling office immediately. Changes will be more difficult once classes begin.

Finances - If your family has not started to save money for your college education, it is important that process is started now. The expectation of all colleges is that families provide some of the funding for the student's college education so it is essential that some money be on hand to get you started. If there is anything you can do in your neighborhood (babysitting, cutting lawns, shoveling snow, etc.) to earn money, please make sure you are saving part of that pay to help with your own education.

Aggressive Marketing - There are hundreds of companies around the country that were formed for the purpose of making a profit on the families of high school students. Aggressive marketing is done by mail, email, phone call, text, and at small seminars to encourage parents to spend money for opportunities or services that are available for free or at nominal cost. Students may be told they have been selected for inclusion in a special book or for an honor organization. Students may receive slick brochures about leadership workshops, summer study, or travel opportunities. Families should be suspicious of any opportunity that makes dramatic claims about the benefits of participation or do not include the cost of the program in the marketing materials. Reasonably priced summer opportunities do exist. Families are encouraged to search for those that are offered for little or no cost.

There are also many companies seeking to charge families hundreds of dollars for assistance with the college search and financial aid processes. Perry Hall has seven experienced counselors who are anxious to help students step-by-step through the college process. Mrs. Campbell specializes in college counseling and is available to meet with families for consultation. Families are encouraged to talk with one of the Perry Hall counselors before registering for expensive outside services. If an offer seems too good to be true, families are wise to be cautious.

Athletics – If you plan to play sports in high school and college, visit the NCAA website (eligibilitycenter.org) to learn about high school course requirements for Division 1 and Division 2 athletes.

September: Get off to a good start in your classes. Join any clubs or organizations. If you have the opportunity to take on a leadership role in a club, do it! Begin preparing for the PSAT. Visit the PHHS College Fair as well as any local college fairs including NACAC. YOUR GRADES MATTER EVERY YEAR!!!

October: Take the PSAT. Start a file or folder for college materials if you have not already. Start a portfolio if you are interested in art, music, drama, etc. Begin creating a broad list of colleges that interest you. Choose a place where you will keep information related to your life in high school. In this folder or box, keep things to remind you of your accomplishments: copies of your service learning forms, any awards or certificates you are given, a list of activities in which you've participated, etc. When it's time to write a resume', this information will be helpful.

November: Get familiar with Naviance. Research colleges using the "SuperMatch" tool. Naviance lets us share information with you and your family about upcoming meetings and events, local scholarships and other resources for college and career information. Find out about careers that match your personality traits Use the resume builder in Naviance to begin tracking jobs, volunteer work and internships.

December: Meet with your school counselor or Ms. Campbell to devise a plan for your classes next year. Register for the most challenging classes you can handle while also maintaining A's and B's. If you are in 10th grade and plan to apply to a 4 year college, consider taking the SAT Prep course next year. It not only reviews curriculum content but also helps with a number of test taking tips.

January: Review PSAT scores. Create an account on collegeboard.org to get a full score report and link your scores to Khan Academy. This will help you with your weaker areas and give an individualized study plan for SAT. Students who practice an average of 20 hrs. on Khan Academy raise their scores on average 115

points. You will need your College Board account in your senior year to send SAT scores to colleges.

February: Start to research colleges online including information on tuition rates, activities, majors, study-abroad opportunities and scholarships. Continue to visit schools when possible and if they are far away, check out the schools' virtual tours online.

March: It is not too early to think about where you might apply to college. Please plan to attend the College Fair at CCBC Essex in March. This is a great opportunity to talk with representatives from over 200 colleges. For more information, please see your PHHS counselor.

April: Plan now to do something productive with your summer. You may be able to find a part time job. There are lots of places that need volunteers: the public library, day care centers, hospitals, retirement communities, summer camps for younger children. We all benefit from doing something for someone else and experiences like this will look great on your resume'.

May: The school year will end in a few weeks. Please check your grades and take care of any improvements that are needed: complete missing assignments, talk to the teachers if you need help, put some extra time into studying for tests, do extra credit assignments if they are offered. Please make a last push to get your grades as high as possible before the end of the quarter. GPA's are calculated based on the final grade in each course and this will be the last opportunity to improve your grades.

June: Review end-of-year grades and cumulative GPA. Students who failed an academic course should see their counselor about repeating the course in summer school. Continue to add things to your post-secondary folder or box. It's easier to add as you go along rather than trying to remember all of the things you have done once you are applying to college.

NAVIANCE

Career Exploration

College Exploration

Resume Building

Scholarship List

Goal Setting

College Search

Links to important websites

College Rep Visits

Family Connection in Naviance is a comprehensive website that you and your child can use to help in making decisions about colleges and careers.

To use Naviance, go to <http://connection.naviance.com/perryhallhi>

All students have a Naviance account that they can access from by logging in to their BCPS Google account and then going to www.naviance.com. Once there, click that you are a student and then continue logging in via “Clever”. They can access this both at school and at home. All parents have the ability to create a Naviance account that is linked to their child’s account. Parents are highly encouraged to do so as Naviance is the main portal for the college application process. Parents can go to the website above and click on that they are a parent and then search for the school. Once located, click on “I need to register” on the next page. Parents will need a code to register which can be obtained from the school counseling department. Email Mrs. Campbell for your code:

scampbell3@bcps.org

-Research Colleges - Compare GPA, Standardized test scores and other statistics to actual historical data from our school for students who have applied and been admitted in the past.

-College Visits – Find out which colleges are visiting our school and sign up to meet with an admissions representative in your Junior and Senior year.

-Communication – Family Connection lets us share information with you and your child about upcoming meetings and events, local scholarship opportunities and other resources for college and career information.

-Students can take personality surveys and career interest inventories to find out the best careers and college majors for them.

AND MUCH MORE!

ON YOUR COLLEGE VISIT...

- Stop into the admissions office and introduce yourself, even if you don't have an appointment to visit.
- Talk with admissions personnel, coaches, financial aid counselors, students and professors.
- Try to stay overnight in a dorm.
- Sit in on a class.
- Eat in the dining hall.
- Visit a few businesses such as restaurants or shops to get a feel for the town or city.



QUESTIONS TO ASK A COLLEGE

STUDENTS:

- What do students like most about your college?
- What do students do for fun?
- Do most students live on or off campus?
- Is there an active student government?
- Is there an active Greek system?
- Do students support their sports teams?

CAMPUS LIFE:

- What are the different types of food plans and food options?
- Where do students hang out?
- Is there a health center and what services do they provide?
- Is there a history of any type of violence on campus?
- How does your college keep students safe around campus?

ACADEMICS:

- What are the requirements for admission?
- What percentage of students graduate in four years?
- What percentage of students are employed upon graduation?
- How big are class sizes?
- Is free tutoring available for freshman?
- Do professors have office hours?
- What important deadlines should I know about? (application, financial aid, priority, early decision, early action, etc.)
- What changes will be happening academically in the next 4 years? Adding or discontinuing majors or programs?
- Do teacher assistants or graduate assistants teach classes?

NOTES

STUDENTS:

CAMPUS LIFE:

ACADEMICS:

HELPFUL WEBSITES

Naviance: <https://student.naviance.com/perryhallhi>

The College Board: <https://www.collegeboard.org/>

The National Association of College Admission Counselors (NACAC) - a good resource to an array of links: www.nacac.com

ACT - includes test registration and test-prep information: www.act.org

Peterson's -links to the companies many resources: www.petersons.com

US News and World Report - be wary of the rankings, but there is much to learn at this site. The "school comparison" feature is great: www.usnews.com/usnews/edu/eduhome.htm

Colleges That Change Lives - site based on best-selling, highly regarded college advisor, Loren Pope. Insights about some wonderful and sometimes overlooked places: <https://ctcl.org/>

CollegeNET - an all-purpose site with a host of useful links and programs:
<https://www.collegenet.com/elect/app/app>

FASTWEB – easy-to-use college and scholarship search site: www.fastweb.com

Princeton Review - Test prep, college search and other college-related info:
<http://www.princetonreview.com/college-rankings.aspx?uidbadge>

The Common Application - 200+ schools accept it and you should use it. We have the paper copy as well. :
www.commonapp.org

Historically Black Colleges Common Application - find applications for 53 different institutions:
www.eduinonline.com

FINANCIAL AID

The Free Application for Federal Student Aid (FAFSA) - A must for anyone applying for need-based aid. You can apply online: www.fafsa.ed.gov

Completing the FAFSA - detailed, step-by-step guidance on completing the form: <https://www.nitrocollege.com/fafsa-guide>

Compare Financial Aid Packages – part of College Board site that allows you to compare financial aid packages: <https://bigfuture.collegeboard.org/pay-for-college/financial-aid-awards/compare-aid-calculator>

Comparing Financial Aid Awards - A US News and World Report product that provides helpful charts enabling you to line up and compare awards: http://www.usnews.com/usnews/edu/college/tools/brief/awards_brief.php

Bold.org - Scholarship search service that is home to exclusive scholarships that are not listed anywhere else: <https://bold.org/applicants/>

Cappex – Every college, every scholarship - www.cappex.com

CSS Profile - If applying to private schools, check to see if they require this form. You can apply online: <http://profileonline.collegeboard.com/index.jsp>

FINAID - general site for anything having to do with aid: www.finaid.org/

FastWeb - general financial aid site with great scholarship search engine as well as an EFC calculator function: www.fastweb.com/

Sallie Mae - information about loans and payment options as well as a scholarship search engine: www.salliemae.com/

Student Guide on Financial Aid - Government site, a comprehensive site with info available in both Spanish and English: <https://studentaid.ed.gov/sa/resources>

Peterson's – A guide to upcoming scholarships: <https://www.petersons.com/college-search/scholarship-search/>

Scholarships - A free resources for finding scholarships and other information about aid: www.scholarships.com

Savings Plans - Though by the time you are an upperclassman in high school, this information might be too late, finding out about 529 Plans may offer some help: www.savingforcollege.com & www.collegesavings.org

Broke Scholar - Free search engine with links to more than 900,000 college scholarships: www.brokescholar.com

Scholarship Scams - A Federal Trade Commission-run site. It is always good to check on what you learn about on the web: <https://www.consumer.ftc.gov/articles/how-avoid-scholarship-and-financial-aid-scams>

Unigo – A search site for all types of scholarships by category. www.unigo.com

Going Merry – Scholarship match service. <https://www.goingmerry.com>

Central Scholarships – Specifically for MD students – open Jan 1st. <https://central-scholarship.org/>

College Green Light – for first generation and underrepresented students.

<https://www.collegegreenlight.com>

Career One Stop – Career exploration as well as over 8,000 scholarships and grants.

<https://www.careeronestop.org/Toolkit/Training/find-scholarships.aspx>

SPECIAL INTEREST

National Collegiate Athletic Association (NCAA) - www.ncaa.org

The National Association of Intercollegiate Athletics (NAIA) - www.naia.org

Hillel: The Foundation for Jewish Campus Life - www.hillel.org

Historically Black Colleges - www.blackhighereducation.com

Jesuit Colleges - www.ajcunet.edu

Macleans - For those looking into Canadian schools, this is an invaluable resource:

www.macleans.ca/universities/

Canadian Colleges - A general and very helpful site: <https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/study-permit/prepare/choose-school-college-university.html>

Association on Higher Education and Disability - host of information posted by international, multicultural organization of professionals committed to full participation in higher education for persons with disabilities: <http://www.ahead.org/>

Children and Adults with ADD - www.chadd.org

American Association of University Women - www.aauw.org/

LD Online - Interactive learning guide on disabilities for parents, children and educators:

www.ldonline.org

Attention Deficit Disorder Association - Resource on huge array of ADD/ADHD-related issues: <https://add.org/>

Peace Corp - main resource on the ultimate service learning project:

<http://www.peacecorps.gov/>

CAREER INFORMATION

ASVAB Career Exploration Program - Developed by Department of Defense; free, comprehensive career site: www.asvabprogram.com

Today's Military: A comprehensive website detailing all branches of the military.
<https://www.todaysmilitary.com/>

US Department of Labor - All the numbers on could possibly hope for in career planning:
<https://www.bls.gov/k12/>

Department of Commerce - Gov. site with host of info on government jobs and other data:
<https://www.commerce.gov/>

Job and Career Training

Trade/Vo-Tech:

Programs

Lincoln College of Technology 9325 Snowden River Parkway Columbia, MD 21046 410-290-7100 https://www.lincolntech.edu/campus/columbia-md	Automotive Technology Electrical and Electronic Systems Technology HVAC
Lincoln Culinary Institute (410) 290-7100 https://www.lincolntech.edu/campus/columbia-md	Culinary Arts and Food Services International Baking and Pastry
Associated Builders & Contractors, Inc. Baltimore Metro 1220 B E. Joppa Rd. Ste. 322 Towson, MD 21286 410-821-0351 http://www.abcbbaltimore.org/apprenticeship	Apprenticeship Programs Carpentry, Electrical, HVACR, Plumbing, Sheet Metal, Sprinkler Fitting, more
Association of Air Conditioning Professionals, Inc. 11350 McCormick Rd., EP II, Ste 1006 Hunt Valley, MD 21031 https://www.aacpnet.org/Apprenticeship-2017-2018	Apprenticeship Programs
Baltimore Area Plumbers & Steamfitters JATC, Local 486 1201 66th St. Rosedale, MD 21237 http://www.ualocal486.com/training.aspx?zone=train	Apprenticeship Programs
International Union of Operating Engineers #37 5021 North Point Blvd. Sparrows Point, MD 21219 http://www.iuoe.org/jobs/heavy-equipment-operator	Apprenticeship Programs
TranZed Apprenticeship Services, LLC 6802 McClean Blvd. Parkville, MD 21234 https://tranzedapprenticeships.com/apprentices/	Apprenticeship Programs
Maryland Boat Jobs www.marylandboatjobs.com	Engine Mechanics, Systems Technicians, Composite Repair

	6 Week on job apprenticeship
Baltimore Electrical Joint Apprenticeship & Training 2699 W. Patapsco Avenue Baltimore, MD 21230 410-247-3313 www.jatc24.org	Apprenticeship Programs Electrical
Gray & Son, Inc 430 W. Padonia Rd. Timonium, MD 21093 410-771-4311 www.graynson.com	90 day summer paid internship Equipment Operators, Laborers, CDL, more
American Landscape Institute info@americanlandscapeinstitute.com http://www.americanlandscapeinstitute.com/	Landscape Design and Installation
All State Career School 2200 Broening Highway Baltimore, MD 21224 410-631-2742 https://www.allstatecareer.edu/campuses/maryland.html	CDL Driving Practical Nursing Medical Technologists Dental Assisting Skilled Trades
The Cavanagh House https://www.thecavanaghhouse.org/ 350 Main St. Reisterstown, MD 21136	Free trades training for Homeless/low incoming Sewing, Upholstery, Pattern design

Cosmetology/Massage Schools:

Aveda Institute Maryland 227 Archer St. Bel Air, MD 21014 410-838-0845 https://aveda.edu/locations/location/bel-air-md/	Cosmetology Esthetics/Makeup
The Temple Frederick/Annapolis Paul Mitchell Schools pmthetemple.edu or templeannapolis.com	
Empire Beauty School 9616 Resisterstown Rd. Suite 105 Owings Mills, MD 21117 410-394-9074 nnichols@empire.edu	Cosmetology
Cortiva Institute 519 Progress Drive Linthicum Heights, MD 21090 410-636-7929 Hank Blakely hankb@cortiva.edu	Massage Therapy School

Technical Programs:

Brightwood College 803 Glen Eagles Ct. Towson, MD 21286 http://www.tesst.edu	Two-year, Technical, and Community Colleges
Fortis Institute-Towson 700 York Road	Private Business and Technical Schools

Towson, MD 21204 http://www.medixschool.edu/	
Institute Of Health Sciences 1300 York Rd Ste 190d Timonium, MD 21093 www.instituteofhealthscience.org	
Sheffield Institute For The Recording Arts 13816 Sunnybrook Road Phoenix, MD 21131 http://www.sheffieldav.com/	Private Business and Technical Schools Audio Recording and Video
Vision Allied Health Institute 1045 Taylor Avenue Suite 113 Towson, MD 21286 www.visionalliedinstitute.org	Private Business and Technical Schools

More Opportunities: <https://mwejobs.maryland.gov/vosnet/Default.aspx> Maryland Workforce exchange

CCBC Certificate Programs: www.cbcmd.edu/Programs-and-Courses/Professional-Development-and-Job-Skills.aspx

<u>Arts:</u> Graphic Design Interactive Media Interior Design Music Production & Audio Tech Photography & Imaging	<u>Business and Law:</u> Accounting Business Accounting Certified Bookkeeping Commercial Vehicle Operator Corrections Professional Criminal Justice Studies Entrepreneurship Human Resources Management Interpreter Preparation Transportation, Distribution, and Maritime Logistics
<u>Humanities and Social Sciences:</u> Adolescent Behavioral Health Counseling At-Risk Youth Practitioner Behavioral Health Counselor-Advanced Behavioral Health Counselor-Trainee Elder Care Specialist Human Services Generalist	<u>Sciences and Health:</u> Emergency Medical Technology Personal Trainer Practical Nursing Psychiatric Rehabilitation
<u>Technology, Engineering and Mathematics: Automotive</u> Air Conditioning and Heating Specialist Brake and Suspension Specialist Drive Train Specialist Electrical and Electronic Specialist Engine Specialist Master Technician Service Attendant	<u>Technology, Engineering and Mathematics: Aviation Management</u> Air Traffic Control Aviation Management Flight Attendant Flight Training <i>Computer-Aided Design</i> AutoCAD Operator Computer-Aided Design Architecture Computer-Aided Design Management Computer-Aided Design/Mechanical Modeling
<u>Technology, Engineering and Mathematics: Computer Automated Manufacturing</u> CNC Machinist CNC Programming Manual Machinist Quality Assurance Technician	<u>Technology, Engineering and Mathematics: Construction Management</u> Construction Craft Professional Construction Management Construction Methods (Intro)

	Construction Project Controls Legal Aspects of Construction
<u>Technology, Engineering and Mathematics: Cybersecurity</u>	<u>Technology, Engineering and Mathematics: Engineering</u>
<u>Technology, Engineering and Mathematics: Health Informatics and Information Technology Medical Coding</u>	<u>Technology, Engineering and Mathematics: Heating, Ventilation, Air Conditioning (HVAC) and Energy Technology</u> Alternate Energy Advanced HVAC and Energy Technology Basic HVAC and Energy Technology
<u>Technology, Engineering and Mathematics: Information Technology</u> Database Information Management Office Specialist Programming Mobile Development <i>Mobile Application Developer</i>	<u>Technology, Engineering and Mathematics: Network Technology</u> A+ General Networking Information Technology Support Microsoft Certified Information Technology Professional Preparation for CISCO Preparation for Network+ Red Hat Linux (Red Hat Certified Technician)
<u>Technology, Engineering and Mathematics: Survey Technology</u> Land Surveying Minor Engineering	<u>Technology, Engineering and Mathematics: Sustainable Horticulture</u> Greenhouse and Agricultural Production Landscape Installation, Maintenance and Design” Turf & Landscape Maintenance

ALTERNATIVE AND YEAR-OFF PROGRAMS

Internship Programs – Listings of +7800 programs and 200,000 positions: <http://www.internshipprograms.com/>

Study Abroad - www.studyabroad.com

AmeriCorps - National Service Program: <https://www.nationalservice.gov/programs/ameriCorps>

City Year - National Youth Service Organization- www.cityyear.org

Earthwatch Institute - Info on this research, conservation and education organization: <http://earthwatch.org/>

EuroLingua Institute - info on language immersion study abroad programs: <http://www.eurolingua.com/>

Global Quest Programs - innovative study abroad program in Thailand: <http://gquest.org/>

Outward Bound - link for adventure-based environmental program: <http://www.outwardbound.org/>

Books

College is yours 2.0 by Patrick J. O'Connor

College Essay Essentials: A Step-by-Step Guide to Writing a Successful College Admissions Essay by Ethan Sawyer

Colleges That Change Lives: 40 Schools that Will Change the Way You Think About Colleges by Loren Pope

Fiske Guide to Colleges by Edward Fiske

Where You Go Is Not Who You'll Be: An Antidote to the College Admissions Mania by Frank Bruni

The Hidden Ivies, 3rd Edition: 63 of America's Top Liberal Arts Colleges and Universities (Greene's Guides)

by Howard Greene and Matthew W Greene